



Mount Alvernia College Allergy Awareness & Anaphylaxis Prevention Plan

Some students and adults who are susceptible may have anaphylactic reactions to foods such as nuts, peanut spreads, and seafood. Anaphylactic reactions may also be “triggered” by bites and stings by bees, wasps, “jumper ants” or ticks.

The College's Commitment

The College is committed to providing a safe learning environment for all our students and to minimise the risk of allergen exposure, therefore preventing anaphylactic reactions. It is our policy:

- to provide, as far as practicable, a safe and supportive environment in which students at risk of allergies can participate equally in all aspects of the student’s schooling.
- to raise awareness about allergies and the College’s allergy management policy in the College community.
- to engage with parents/carers of each student at risk of allergies when assessing risks and developing risk minimisation strategies for the student.
- to ensure that staff have knowledge about allergies, anaphylaxis and the College’s guidelines and procedures in responding to an anaphylactic reaction.

The College undergoes regular inspections of its premises to ensure the removal of beehives and wasps nests if found.

Nut-Aware

Whilst the College does not claim to be “nut-free”, we are “nut-aware”. To assist with this, the College has removed nut spreads and products containing nuts from the College canteen, however there may be products that may contain traces of peanuts or tree nuts.

In addition, the College requests:

- that parents/carers/students do not include nut spreads in sandwiches or products containing nuts in lunch boxes. Students are encourage not to share food and to practice good hand hygiene.
- students participating in subjects involving food preparation to be nut-aware with the ingredients used in their cooking and to seek approval from their supervising teaching prior to the use of nuts in the kitchens.
- that students/staff do not include nut products in any shared baked goods brought to the College, such as birthday cakes.

Extracted from Health Management Support Guidelines (1.4) – updated July 2021